

FAZZA فبطولات
CHAMPIONSHIPS لأصحاب الهمم
FOR THE PEOPLE OF DETERMINATION



11th Fazza World Para Powerlifting World Cup – Dubai 2020 The Road to Tokyo 2020

Dubai, UAE

April 2020

World Para Powerlifting

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DCDUAE



Dear NPC

Presidents/Secretary General,

The Dubai Club for People of Determination in cooperation with World Para Powerlifting are very pleased to invite you to the 11th Fazza 2020 World Para Powerlifting World Cup held in Dubai, UAE from 13-21 April 2020.

Attached you will find:

- Visa Application Form
- Accommodation Form
- Travel Information Form
- Accreditation Form

Please ensure that you distribute all these documents to your contact persons in charge of Para powerlifting and submit them completed fully to the LOC at fazza-loc@dcd.org.ae; WorldParaPowerlifting@paralympic.org by the deadlines outlined below. This competition will be a great opportunity for athletes on the Paralympic pathway to increase the ranking on the Road to Tokyo 2020!!!

Through the continued support of the government entities, national sports governing bodies, private and public sector partners, we are very pleased to host this competition in the United Arab Emirates; where we are sure your lifters will experience our fantastic Emirati hospitality and face elite competition.

We look forward to seeing you in Dubai

Thani Juma Berregad

Chairman, Dubai Club for People of Determination

Dubai Club for People of Determination

Tel: 00971 4 2988205

Email: fazza-loc@dec.org.ae



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1- Competition Dates

Items	Dubai, UAE (14-20April)
Entry by number Opens	25-Nov
Entry by number Deadline	12-Jan
Entry by Name Opens	13-Jan
Accreditation System Opens	13-Jan
Final Deadline to return Visa invitation letter application	17-Feb
Final Online Entry by Name deadline	06-Mar
Deadline to return: Accommodation; Accreditation; Travel	10-Mar
Courses	11-12 April
Team Arrivals	11-13 April
International Classification	12-13 April
Technical Meeting	13-Apr
Competition Dates	14-19 April
Mixed Team Event	20-Apr
Departures	20-21-Apr

2- Competition Entries

All competition entries must be completed via the IPC Online entry system at www.paralympic.org/entries by the entry deadlines displayed below.

Visa invitation, accommodation applications, accreditation applications and travel information must be sent directly to the LOC at fazza-loc@dcd.org.ae; WorldParaPowerlifting@paralympic.org by no later than the deadline below

3- Accommodation

The Al Bustan Hotel is the official hotel for all athletes and officials during the World Cup. This hotel offers accommodation in accessible single, double, and triple rooms.

- Hotel name: Al Bustan
- Address: Al Nahda Road-Al Towar, Dubai, UAE
- Website: <http://www.al-bustan.com/english/index.php>

3.1 Type and cost of rooms:



- Single room - 170 US Dollar+ 5% VAT per night including 3 meals per day
- Double room - 280 US Dollar+ 5% VAT per night including 3 meals per day
- Triple room - 400 US Dollar + 5% VAT per night including 3 meals per day
- Quadruple room - 485 US Dollar+ 5% VAT per night including 3 meals per day

Teams who arrive on 11-13 April before 12:00 midday and want to have access to their rooms will be charged for one additional night

On 21 April teams who wish to stay in their rooms after the check-out (16:00 p.m.), will be charged for one additional night. Teams can stay in the hotel lobby at no additional cost.



3.2 Payment procedure

Full accommodation fees must be transferred to the following bank account, by no later than **10 March 2020**. Please note that rooms will only be booked and allocated to teams when the accommodation payment has been received in full.

Account name	Dubai Club for People of Determination
Bank name	Dubai Islamic Bank
Branch name	Dubai Main Branch
Account number	001520726988901
Swift-Code	DUIBAEAD
IBAN	AE95 0240 0015 2072 6988 901

3.3 Cancellation Policy:

- 50% of payment will be refunded if cancellations are made by 17 March 2020
- No payments will be refunded to cancellations from 18 March 2020

4-Transportation

Transportation will be provided to all athletes and team officials from/to Dubai International Airport to the official competition hotel. The distance between the airport and hotel is 6 km and takes only 15 minutes by car or bus. The distance between the competition venue (Dubai Club for People of Determination) and the official competition hotel is 500 meters and takes 5 minutes by car or bus, the walking distance is also 500 meters and will take 8 minutes.



Please refer to the following Assembly welcome desk in the Airport on arrival:



5- Visa:

The LOC will issue the visa to the participants upon their request free of charge.

To obtain your visa you must:

- Fully complete the visa application form.
- Include a (pdf format) copy of your passport (validity of the passport at least (06) months)

These must be sent directly to the LOC at fazza-loc@dcd.org.ae by no later than: -

10 March 2020

6- Accreditation card:



The Accreditation card is the official pass for the participants to the designated areas according to their category, the LOC will issue this Accreditation cards and will be giving to the head of the delegation during the delegation registration meeting (DRM) of each delegation according to a schedule based on their arrival dates, teams are requested to send the Accreditation form attached with a photo of the participant (passport size) by no later than 10 March 2020.

7-CompetitionInformation

7.1 Preliminary Competition Programme

The Provisional timetable and events programme will be provided after the final entries by name deadline. The competition schedule will remain subject to change until the close of the technical meeting

7.2 Maximum Number of Entries per Event

7.2.1 Individual Event

The maximum number of senior individual entries per NPC/NF across all senior bodyweight categories will be:

- Female Athletes: Twenty (20)
- Male Athletes: Twenty (20)

There must not be more than two (2) senior athletes from any one country in the same bodyweight category*

Note: The maximum number of senior individual entries for the competition host NPC only, is sixty (60) athletes (Female: 30 and Male: 30) across all senior bodyweight categories. There must not be more than three (3) senior athletes from Championship host NPC in the same bodyweight category*

The maximum number of junior individual entries per NPC/NF across all junior bodyweight categories will be:

- Female Athletes: Thirty (30)

- Male Athletes: Thirty (30)

There must not be more than three (3) junior athletes from any one country in the same bodyweight category

7.2.2 Individual Team Event

*NPCs that wish to enter a senior team event are permitted to enter only one (1) additional individual entry per bodyweight category. NPCs must notify WPPO by email (Info@WorldParaPowerlifting.org) by no later than the final entry deadline the name and bodyweight category of the additional senior athletes entered to complete the team. This athlete entered to form the team will have their individual result recognized for World, Regional and Paralympic ranking purposes only, but they will not be eligible to receive an individual event medal only a team event medal.

Team events will only exist in senior bodyweight categories but the team may comprise of both senior and junior athletes, if such athletes compete in the same bodyweight category. NPCs must notify WPPO by email (Info@WorldParaPowerlifting.org) the names of the athletes that will compete in the team event(s) by the final entry deadline. To ensure the viability of team events, these athletes entered in the team event will not be permitted to change bodyweight categories during the Technical Meeting.

7.2.3 Mixed Team Event

NPCs that wish to enter the mixed team event are permitted to enter a maximum of three (3) teams. Teams must consist of three (3) athletes from the same nation, and there must be a minimum of one (1) female athlete, all three (3) athletes that comprise the team may be from different bodyweight categories. NPCs must notify WPPO by email (info@WorldParaPowerlifting.org) by no later than the final entry deadline the name of each athlete that will compete in the mixed team event.



7.3 Viability of the Events

An individual event can be considered viable when the below minimum athlete numbers apply per bodyweight category:

- 1 Athlete: MQS rule when there is one (1) athlete in a single bodyweight category and they lift equal to or more than the respective Regional Championship MQS for that bodyweight category, as detailed in Appendix 7 of the WPPO rules and regulations (Gold).
- Minus one rule (-1) when there are two athletes in a single bodyweight category (Gold)
- 3 or more Athletes: All medals will be awarded (Gold, Silver, Bronze)

An individual team event can be considered viable when two (2) complete teams entered within that individual bodyweight category. A team must consist of three (3) competing athletes from the same nation within that individual bodyweight category in that competition.

A mixed team event can be considered viable when there is a minimum of two (2) competing teams, both of which may be from the same nation. Teams must consist of three (3) athletes from the same nation, and there must be a minimum of one (1) female athlete. Each of the three (3) Athletes that comprise a team may be from

different bodyweight categories and nations are permitted to enter a maximum of three (3) teams in a mixed team event.

7.4 Medal Awards

Medals will be awarded to the top three (3) placed junior and senior athletes per bodyweight category in accordance with the above viability of events. Medals in the Individual and Mixed Team events will be awarded to the top three (3) placed teams.

7.4.1 Team Trophies



At this competition One (1) team trophy only will be awarded to just the highest placed team from all competing nations, using points from the top six (6) ranked athletes from the individual event in accordance with 16.6.4 of the Rules and Regulations from one (1) or both genders, and junior and senior athletes will both be considered.

7.5 Body Weight Category change

Bodyweight category changes will be permitted following the final entry deadline only during the technical meeting in line with article 11.3.9 of the WPPO rules and regulations. The bodyweight category that is signed off at the technical meeting is considered final, and no further changes will be allowed. Please note that to ensure the viability of teams, athletes that have entered a team event will not be permitted to change bodyweight categories after the final entry deadline.

7.6 Entries and Registration Process

In order to enter this competition all athletes must be registered and licensed for the 2020 competition season via the SDMS Athlete Data Management System by no later than the final entry deadline. Athletes do not require a Minimum Qualifying Standard (MQS) to enter the competition.

All athletes must be entered by their respective NPC/NF via the IPC Online Entry

System by the final entry deadline in order to be accepted by World Para Powerlifting.

Should you require assistance with entries please contact World Para Powerlifting:

info@WorldParaPowerlifting.org

7.7 Late entries

Teams must contact the WPPO office if there is a late entry request. All respective information provided by the NPC/NF will be reviewed in consultation with the LOC on a 'case by case' basis and the entry may be accepted or rejected accordingly by WPPO



only.

7.8 Replacements

The WPPPO Office must be informed if any NPC/NF needs to make an athlete replacement. The replacement of athletes may be accepted due to injury or medical reasons. All respective supporting information regarding the replacement must be sent to the WPPPO office and it will be reviewed on a 'case by case' basis and accepted or rejected accordingly by WPPPO only.

7.9 Declaration of Participation

By completing and submitting your final sport entries via the IPC Online Entry System, NPCs are considered to have declared the participation of their athletes in the specified event/categories.

7.10 Results and Rankings

Only results of athletes who are licensed within the given timelines for results recognition and have a Review or Confirmed sport class status will be taken into consideration for inclusion in the official World and Regional ranking lists. The results will also be recognised on the Paralympic ranking list for only those athletes that have met all the published pre-requisites to be on the Paralympic rankings.

7.11 Records

At this competition athletes are permitted to break records. Please refer to article 16.5 of the WPPPO rules and regulations to see the eligibility requirements for an athlete to break a record.

8- General Information

8.1 IPC Membership



The Organizing Committee will only accept entry forms submitted by the NPC / NPF in good standing with the IPC. Furthermore, only those entry forms submitted by the NPC President, Secretary General or authorized person will be processed. For further information on the IPC's membership policies or to address general membership issues, please contact the World Para Powerlifting office.

8.2 World Para Powerlifting Rules & Regulations

The current World Para Powerlifting Technical Rules & Regulations **February 2019** will apply for this competition.

8.3 Anti-Doping

The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement.

8.4 International Classification

Athletes who have never been classified and or have a designated sport class status of Review or Review 2020 or earlier will be required to undergo International Classification prior to the start of the competition. A detailed classification schedule will follow the revision of the final entries by World Para Powerlifting.

8.5 Medical Information

The LOC will ensure the implementation of all necessary and appropriate on-site medical, emergency ambulance and first aid services during training days and the competition.

For medical treatment no medical insurance will be provided to any participants. All participants are responsible for obtaining their own medical insurance (including Repatriation Coverage) and will be responsible for any medical expenses resulting from participation in the event. Each NPC must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability, accidents and repatriation.

8.6 Extra Days



In case of early arrivals or late departures outside of the official arrival and departure dates, any additional needs for accommodation, transportation, meals and any other services must be organised and paid for by the respective NPC/NF for these additional dates

9- Important Contact Number (Mobile Phone):

No.	Roll	name	Mobile Number
1	Airport coordinator	Mahdi Mohammad	+971508545754
2	Logistics Coordinator	Ashraf Ghobash	+971 507746604
3	Hotel coordinator	Fahmida Zada	+971569778633

Contact address:

Eng. Fathi Ali Lashehab

Fazza LOC, General Coordinator

Tel: 00971 4 2988205

Fax: 00971 4 2988459

Mobile: +971 505114947

P.O. Box: 20990 – DUBAI - UNITED ARAB EMIRATES

Email: fazza-loc@dcd.org.ae

General information:

Weather:

Dubai has a tropical desert climate because of its location within the Northern desert belt. Summers are extremely hot and humid, with an average high around

41 °C (106 °F) and overnight lows around 30 °C (86 °F). Most days are sunny throughout the year. Winters are warm and short with an average high of 23 °C (73 °F) and overnight lows of 14 °C (57 °F). Precipitation, however, has been increasing in the last few decades with accumulated rain reaching 150 mm (5.91 in) per year. The weather in Dubai can bring short and irregular rainfall as is typical for the Middle East. Most of the rainfall occurs in the December to March period. The weather between December and March remains warm and is the most comfortable climatic conditions of the year.

Currency:

The local currency is the dirham, which is pegged at AED 3.67 to 1 US dollar. Dubai is tolerant and cosmopolitan, and all visitors are welcome. However, Islam is a way of life in the city, and therefore tourists should adopt a certain level of cultural and religious sensitivity for the duration of their stay.

Electricity and power sockets in the UAE:



In the United Arab Emirates, the standard voltage is 240-220 V. The standard frequency is 50 Hz. The power sockets that are used are of type G. Find pictures of these power sockets and corresponding plugs.



Transportation in Dubai:

Dubai is one of the fastest growing cities in today's world, making the provision of high quality infrastructure facilities absolutely imperative, and since providing an advanced transport network for the people of Dubai has been high on the government's agenda, which is evident from its initiatives to enhance the public transport facilities and improve roads across the emirate to make travel safer and smoother, the Roads and Transport Authority (RTA) was formed by the decree number 17 for the year 2005, The tourist can enjoy his staying in Dubai with varieties of transportation, " Roads, Taxis, Metro, Bus, Trams, Ports and water travel, Air travel and sea".

United Arab Emirates

The United Arab Emirates consists of seven emirates: Abu Dhabi, Dubai, Sharjah, Ras Al Khaimah, Ajman, Umm Al Quwain and Fujairah. Four-fifths of the UAE is desert but has contrasting landscapes—from the towering red dunes of the Liwa to the rich palm-filled Oasis of Al Ain, from the precipitous Hajjar Mountains to the more fertile stretches of its coastal plains.

Though small (like the size of Scotland), the UAE has become an important player in regional and international affairs. In 1971, the late President Sheikh Zayed bin Sultan Al Nahyan unified the small, underdeveloped states into a federation—the

only one in the Arab world. With his visionary leadership, oil wealth was used to develop the UAE into one of the world's most open and successful economies.

In 2004, His Highness Sheikh Khalifa bin Zayed Al Nahyan became the President and has since continued to strive towards an ambitious vision for the UAE.

DUBAI



Dubai is located on the Eastern coast of the Arabian Peninsula, in the south west corner of the Arabian Gulf. It is extremely well known for its warm hospitality and rich cultural heritage, and the Emirati people are welcoming and generous in their approach to visitors. With year-round sunshine, intriguing deserts, beautiful beaches, luxurious hotels and shopping malls, fascinating heritage attractions and a thriving business community, Dubai receives millions of leisure and business visitors each year from around the world.

Dubai Rulers: Since 1833 the reigning Al Maktoum family have ruled Dubai. Under their wise and progressive leadership Dubai has prospered and it is now the business and tourism hub for a region.

Dubai History: Saruq Al-Hadid site is considered one of the most important archaeological discoveries in Dubai and the region, as it offers much of the UAE old past, especially during the Iron and Bronze Ages ,which confirms that the UAE civilization extends to 5 thousand years.

Dubai Economy: The past few decades have witnessed incredible growth throughout all sectors of the Dubai economy. The emirate's government is constantly working to improve its commercial transparency and introduce dynamic regulations that aid the formation of small and medium enterprises. Dubai's economy is no longer reliant on oil, but is more diversified, relying heavily on trade,

services and finance sectors. With its central geographic location between Asian and European markets, Dubai has worked hard to establish itself as an integral part of the global trade mechanism. Its central location has also allowed Dubai to become a popular and accessible tourist destination.



Tourist attractions in and around Dubai

Burj AL Arab:

Is a luxury hotel located in Dubai, United Arab Emirates, at 321 m (1,053 ft), it is the fourth tallest hotel in the world. Burj Al Arab stands on an artificial island 280 m (920 ft) from Jumeirah beach and is connected to the mainland by a private curving bridge. The shape of the structure is designed to mimic the sail of a ship. Sometimes referred to as "the world's only 7-Star hotel".

Burj Khalifa:

World's tallest building, a living wonder, stunning work of art, incomparable feat of engineering, Burj Khalifa is all that, in concept and execution, Burj Khalifa has no peer, more than just the world's tallest building, Burj Khalifa is an unprecedented example of international cooperation, symbolic beacon of progress, and an emblem of the new, dynamic and prosperous Middle East

Atlantis Dubai:

Atlantis Dubai is a huge tourist hotel complex is located in Dubai, opened in impressive and huge ceremony at a cost of U.S. \$ 20 million on November 20, 2008, a project of the South African Entrepreneur Sol Cairns. The hotel is located on the Palm Jumeirah at the checkpoint north of the island; it can be reached through an underwater tunnel on the railway line. The hotel costs up to 1,200 million.

Ski Dubai:

Ski Dubai is the first INDOOR ski resort to open in the Middle East. The resort is located at the heart of Mall of the Emirates, a famous shopping center in Dubai's central part of the city.

The Ski Dubai arena boasts a mountain-themed 22,500 square-meter space



of skiing, snowboarding and tobogganing. If you just want to hang around and enjoy the nice temperature which is around 3 degrees Celsius. There is also the 3,000 square-meter Snow Park dedicated to people who just want to play in the snow with some nice slides.



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