



BAHRAIN 2021 ASIAN YOUTH PARA GAMES
البحرين 2021 دورة الألعاب الآسيوية للشباب

2021 Asian Youth Para Games - Para Powerlifting Competition schedule



****This schedule is subject to change. Final confirmation after Team Leader Meeting on 4 December 2021 at 2:15pm.**

Sunday 5th December 2021																		
Day 1		Gender	Category	Number of Ceremonies	Total Athletes	Group	Equipment Kit Check		Weigh-in		Athletes Warm Up	Athletes Presentation	Competition		Victory Ceremony		Blackout cleaning	
Session	Event						Start	Finish	Start	Finish			Start	Finish	Start	Finish	Start	Finish
1	1	MALE	Up to 49kg	2	9	A	9:34	10:05	9:39	10:15	10:30	10:55	11:00	11:55	12:00	12:10	Deep clean	
				Youth Junior			2 Victory Ceremonies: < Junior up to 49kg (G,S,B) > < Youth up to 49kg (G by Minus 1) >											
Lunch Break																		
2	2	MALE	Up to 54kg, 59kg	2	4	A	13:54	14:05	13:59	14:15	14:30	14:55	15:00	15:25	15:30	15:40	Deep clean	
				Junior			2 Victory Ceremonies: < Junior up to 54kg (G,S,B) > < Junior up to 59kg (G by MQS) >											
3	3	FEMALE	Up to 45kg, 50kg, 55kg, 61kg, 73kg, Over 86kg	7	7	A	16:12	16:35	16:17	16:45	17:00	17:25	17:30	18:10	18:15	18:25	Deep clean	
				Youth Junior			7 Victory Ceremonies: < Junior up to 45kg Jr (G by MQS) > < Youth up to 45kg (G by MQS) > < Junior up to 50kg (G by MQS) > < Junior up to 55kg (G by MQS) > < Youth up to 61kg (G by MQS) > < Youth up to 79kg (G by MQS) > < Junior up to Over 86kg (G by MQS) >											

Monday 6th December 2021																		
Day 2		Gender	Category	Number of Ceremonies	Total Athletes	Groups	Equipment Kit Check		Weigh-in		Athletes Warm Up	Athletes Presentation	Competition		Victory Ceremony		Blackout cleaning	
Session	Event						Start	Finish	Start	Finish			Start	Finish	Start	Finish	Start	Finish
4	4	MALE	Up to 65kg, 72kg	3	7	A	8:12	8:35	8:17	8:45	9:00	9:25	9:30	10:10	10:15	10:25	Deep clean	
				Youth Junior			3 Victory Ceremonies: < Junior up to 65kg (G,S,B) > < Youth up to 65kg (G by Minus 1) > < Junior up to 72kg (G by Minus 1) >											
Lunch Break																		
5	5	MALE	Up to 80kg, 88kg, 97kg, 107kg, Over 107kg	8	11	A	9:56	10:35	10:01	10:45	11:00	11:25	11:30	12:35	12:40	12:50	Deep clean	
				Youth Junior			8 Victory Ceremonies: < Junior up to 80kg Jr (G by minus 1) > < Youth up to 80kg (G by MQS) > < Junior up to 88kg Jr (G by MQS) > < Youth up to 88kg (G by Minus 1) > < Junior up to 97kg Jr (G by Minus 1) > < Junior up to 107kg (G by MQS) > < Youth up to 107kg (G by MQS) > < Youth Over 107kg (G by MQS) >											